

WEBINAR ON  
SCOPE OF HOMOEOPATHY IN COVID 19

By

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HOW A PATIENT INFECTED WITH COVID – 19, IN HOMOEOPATHIC POINT OF VIEW:

§ 11 When a person falls ill, it is only this spiritual, self acting (automatic) vital force, everywhere present in his organism, that is primarily deranged by the dynamic influence upon it of a morbidic agent inimical to life; it is only the vital force, deranged to such an abnormal state, that can furnish the organism with its disagreeable sensations and incline it to the irregular processes which we call disease; ..... [ORGANON OF MEDICINE BY S. HAHNEMANN]

“It is clear that Hahnemann wishes to teach that it is a disorder of the activities of the internal man, a lack of harmony or lack of balance, which gives fourth the signs and symptoms by which we recognize disease. These sensations constitute the language of disorder; i.e., the means by which we recognize disorder and disease. **This immaterial vital principle, this simple substance, everywhere pervades the organism, and in disease this disorder everywhere pervades the organism, it pervades every cell and every portion of the human economy.** We will see in course of time that the change in form of a cell is the result first of disorder, that the derangement of the immaterial vital principle is the very beginning of the disorder, “ ..... [KENT’S LECTURES ON HOMOEOPATHIC PHILOSOPHY, CHAPTER – DISORDER FIRST IN VITAL FORCE, PAGE – 77]

**When the inner man or internal environment of the human economy is disordered by one or more true chronic disease(s) the vital force is defeated to any kind of disease force or any adverse situation and the individual becomes the victim of miserable situation any time. Then the functioning of each and every cell is disturbed morbidly.**

The affection of the morbidly deranged, spirit-like dynamis (vital force) that animates our body in the invisible interior, and the totality of the outwardly cognizable symptoms produced by it in the organism and representing the existing malady, constitute a whole; they are one and the same. [ORGANON OF MEDICINE, APH. 15]

So **TOTALITY OF SYMPTOMS** which is expression of dynamically deranged vital force. Above discussion it is clear that we treat the patient according to present available characteristic symptoms . In Covid – 19 patient, presenting so many symptoms but we only collect those

symptoms which are characterise the patient as a whole. We select the homoeopathic medicine on the basis of totality of symptoms.

### **Suggestive treatment guideline for covid-19**

We recommend the following 3 ways to treat the covid-19 patient according to guideline of WHO and symptomatic treatment with Homoeopathy.

1. Prevention by awareness
2. Homoeoprophylaxis
3. Symptomatic treatment by homoeopathy

#### **1. Prevention by awareness:**

♣ Frequently wash your hands with soap and water for at least 20 sec ♣ Cover your mouth and nose with tissue/handkerchief or with bent when you cough or sneeze ♣ Maintain physical distancing at least one meter (three feet) from a person with cough ♣ Avoid touching face (mouth, nose and eyes) ♣ Avoid spitting ♣ Avoid mass gatherings. ♣ Daily exercise ♣ Sufficient sleep ♣ Positive mental health ♣, avoid anger, anxiety ♣ Spiritual health- meditation daily ♣ take good quality of food i.e fresh vegetables, fruits ,50% of total intake of food.

#### **2. Homoeoprophylaxis : [ Arsenicum album 30 ]**

During Ebola outbreak in 2014 expert group of WHO recommended that “it is ethical to offer unproven interventions with as yet unknown efficacy and adverse effects, as potential treatment or prevention” keeping in view no vaccine or anti-virals were available.

The preventive aspect of Homoeopathy is well known, and historically, Homoeopathy has reportedly been used for prevention during the epidemics of Cholera, Spanish Influenza, Yellow fever, Scarlet fever, Diphtheria, Typhoid etc. **The genus epidemicus is the remedy found to be most effective for a particular epidemic once data have been gathered from several cases. This concept was first put forth by Samuel Hahnemann in the Organon of Medicine, Aphorism 241, as “...each single epidemic is of a peculiar, uniform character common to all the individuals attacked, and when this character is found in the totality of the symptoms common to all, it guides us to the discovery of homoeopathic (specific) remedy suitable for all the cases....”**

There is anecdotal evidence that homeopathy was successful during the Spanish flu epidemic of 1918 to 1919, in which at least 20 million people died worldwide, more than 500,000 in the United States alone. According to the historian Julian Winston, the death rates for patients treated with homeopathy (genus epidemicus) were 1 to 2% compared with a 30 to 60% mortality for those treated by conventional physicians.

As in all collective diseases, the image of the clinical picture emerges after observing a considerable number of patients; Hahnemann suggests observing several cases in order to paint “the full picture of the disease”, “totality of characteristic signs and symptoms” or “epidemic genius”, according to the homeopathic connotation of this term. The Genus epidemicus is identified through observation

of several cases of an epidemic disease, and analysing the symptomatology of those cases for the most indicated medicine. This medicine is the preventive medicine for the ongoing epidemic of that disease.

It was reported that, during recent past GE had been used during various disease outbreak for preventing the spreading of diseases like Chikungunya, Dengue Fever, Japanese Encephalitis and Cholera with good results. In Indian scenario, CCRH had so far undertaken clinical trials in Dengue and Acute Encephalitis syndrome/JE with Homoeopathy as an add-on to usual care in tertiary care setups. In Dengue Hemorrhagic fever, add on Homoeopathy could bring early improvement in platelet count and decrease in hospital stay by 2 days. Similarly, in Acute Encephalitis Syndrome/Japanese Encephalitis homeopathy as an adjuvant to the Institutional Management protocol could decrease death rate by 15% in comparison to those who received only Institutional Management protocol. In both the studies, adverse effect was not observed.

Keeping in view the clinical success in above mentioned severe viral diseases, Homoeopathy as an adjuvant to the usual care may be tried in COVID-19 patients. With regard to the positive results from the prophylactic homoeopathic medicine during epidemic outbreaks of various diseases during recent past, the Scientific Advisory Board of our Council in meeting held on 28 January 2020 discussed to find out possible genus epidemicus for recent outbreak of corona virus in China. The sign and symptoms of the patients were referred from the recent publication from the clinical history of patients of Wuhan, China in Lancet titled, "Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China".

Therefore, the Health advisory given by Ministry of AYUSH against corona virus infection included Homoeopathic **medicine Arsenicum album – 30** as a possible preventive for flu like illness such as coronavirus infection. Scientific Advisory Board considered that the same medicine has been advised for prevention of Influenza Like Illness.

### **Evidence of effectiveness of Ars. alb 30**

**26<sup>th</sup> September 2020 a leading news paper "BARTAMAN" reported that , four state government homoeopathic medical college of westbengal and one central government Homoeopathic college, National Institute of Homoeopathy distributed ars. Alb among 5 lakh population, principal and director of the five homoeopathic medical college claimed few of them affected with covid- 19 who takes ars.alb as preventive medicine. It is my pleasure to be one of the member of CORONA PREVENTION ACTION PROGRAMME , held on 11<sup>th</sup> may20 – 16<sup>th</sup> may 20, through door to door distribution of ars.alb also through our OPD by our institution, MIDNAPORE HOMOEOPATHIC MEDICAL COLLEGE AND HOSPITAL with great success.**

**The Gujarat health department** has said it distributed homeopathic drug Arsenicum Album-30 to more than half of the state's population as prophylaxis since March after the outbreak of COVID-19.

In its presentation made before the World Health Organisation on August 20 on Gujarat's COVID-19 prevention strategy, the health department said it distributed Arsenicum Album-30 to 3.48 crore people, which is more than half of the state's population of 6.6 crore.

The state government claimed that 99.6% of people who availed AYUSH (Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy) remedies as prophylaxis during their quarantine period tested negative for coronavirus.

In its presentation, which was shared with the media, the health department said, “AYUSH interventions have proven to be immunity boosters, and the AYUSH treatment protocol was developed and a research carried out for assessing efficacy of treatment.”

“As many as 33,268 people benefited from AYUSH medicines in the quarantine period, half of whom availed homeopathic medicines,” it said.

The state government claimed that 99.69% of people who availed AYUSH remedies as prophylaxis during their quarantine period tested negative for coronavirus.

Gujarat principal secretary, health, Jayanti Ravi said the government has some reason to believe about the efficacy of Arsenicum Album-30 medicine, as out of thousands of quarantined people who were given the dosage of Arsenicum Album-30, “99.69% eventually tested negative for coronavirus”.

“Even 0.3% who tested positive had only mild symptoms. We have prima facie reason to believe in some effectiveness of Arsenicum Album-30 against coronavirus. But to actually establish this, we need more rigorous analysis,” Ravi said.

### **“Arsenicum album- Phosphorus-Tuberculinum” trial:**

**Interdisciplinary Task Force for Research on COVID-19 of Govt. of India and CCRH** have approved a project proposal “A multi-centric community-based double-blind randomized placebo-controlled intervention trial for prevention of COVID-19 using a homoeopathic medicine schedule - “Arsenicum album- Phosphorus-Tuberculinum” in series.”

**This is the first scientific clinical trial in the world to evaluate the efficacy of Homoeopathy in preventing COVID-19.**

**Study areas: Maharashtra, Tamil Nadu, Kerala, Gujarat, Delhi, West Bengal**

**Nodal Centre:** Sarada Krishna Homoeopathic Medical College, Kanniyakumar, Tamil Nadu

#### **Co-coordinator**

- a. Prof. Dr. Ravi M Nair, Advisor, Sarada Krishna Homoeopathic Medical College
- b. Prof. Dr. Asok Kumar Das, Visiting Professor, Sarada Krishna Homoeopathic Medical College, Tamil Nadu

#### **Importance of the study**

Arsenicum album 30 has already recommended by the Scientific Advisory Board of CCRH and approved by the Ministry of AYUSH, Govt. of India as immune booster to combat COVID-19.

The other two medicines as included in the study – Phosphorus and Tuberculinum will help further to strengthen the immunity for a long period.

**So the homoeopathic medicine schedule- “Arsenicum album- Phosphorus-Tuberculinum” in series will supplement the action of Arsenicum album 30 and act as a strong and long term immune booster.**

**Relevance of using Arsenicum album-Phosphorus-Tuberculinum – a complementary antimiasmatic trio in the present context**

2. Rapid mutation of virus: SARS-CoV-2 is rapidly mutating. So the development of an effective vaccine which can confer immunity for a long time becomes challenging to the modern medicine. But as homoeopathic preventive approach is not based on the causative pathogen (seed) but acts on the host (soil) as a potential immune booster, it will be equally relevant while the virus is changing its character through mutation.

1. Coronavirus may never go away, warns WHO – World may have to learn to live with it, like it did with AIDS. In such a condition our complimentary trio will be more relevant as it will confer strong and long term immunity.

The use of pathological similar medicine in series with miasmatic consideration as proposed in the present study is a **new concept developed by integrating homoeopathic philosophy and modern science** which needs to be studied scientifically though double blind placebo controlled clinical trial.

**How to administer these medicines?**

**a. Arsenicum album 30 - Day 1, 2, 3**

4 globules (no. 30) to be taken orally at morning in empty stomach for three consecutive days

**b. After 15 days – Phosphorus 30 - Day 19, 20, 21**

4 globules (no. 30) to be taken orally at morning in empty stomach for three consecutive days

**c. Then after 15 days Tuberculinum 200 – Day 37, 38**

4 globules (no. 30) to be taken orally at morning in empty stomach for two consecutive days

**Camphor 1M as a Genus Epidemicus and prophylactic:**

Dr.Rajan sankaran suggest Camphor 1M, in every 3 hrs as a Genus Epidemicus and prophylactic as a Camphor 1M, 1 pill twice a day for 2 days.

**Indication of Characteristic totality of Camphor:** 1) sudden collapse 2) cold sweat and relative absence of restlessness.

### 3. Symptomatic treatment by homoeopathy:

In day to day practice in our OPD and observed by other renowned physician medicine like Bryonia alb, Gelsemium, Eupatorium perfoliatum, Psorinum and Hydrophobinum are frequently indicated according to totality of symptoms.

#### Hydrophobinum CM as a Genus Epidemicus and prophylactic:

Here I draw a special attention to my learned colleague about the medicine Hydrophobinum CM in covid – 19 both Genus epidemicus and prophylactic application as a most effective remedy.

For the treatment of COVID – 19, Bryonia, Gelsemium, Arsenicum album, Camphor, Tuberculinum, etc. may be administered depending on symptom similarity. But if the selected medicine fails to produce sufficient vital reaction against stronger pathology, like (COVID – 19) and the level of Oxygen is decreasing gradually then the homoeopathic physician and Homoeopathic science will be rewarded adverse comments.

Again, symptomatic treatment can give instant relief from any suffering, but the important instruction given by sir, J.T. KENT: “Prescribing for the results of disease causes changes in the results of disease, but not in the sickness except to hurry its progress.”

**Now the question is:** In which situation the symptomatic treatment fails to yield expected result?

**Answer:** Where there is presence of different factors responsible for “Obstacles to cure”.

[**Obstacles to cure:** “These are of various types, and the physician should try, specially while treating chronic disease as well as acute exacerbation of chronic disease, to find out these, in each case. Without the removal of the obstacles, if any, one cannot expect to cure. Many types of obstacle have been named by Hahnemann at various places. Such as in §§ 5, 94, 208 he names the accessory circumstances; in §§ 260 et seq. and in the foot note to § 260 the faults in diet and regimen etc. Any one of which may stand as an obstacle to the path of cure.”

The Dictionary of Organon, by R. R. Joardar, page - 139]

Besides, Obstacles may be of

**A) Predominant Miasmatic barrier, like –**

1] Predominant Psoric Miasm

2] Predominant Sycotic Miasm

3] Predominant Syphilitic Miasm

4] Predominant Tubercular Diathesis

## B) Half-Acute Miasmatic barrier

**“(It is just so with the infection of half-acute miasmas without eruption. Among many persons bitten by mad dogs – thanks to the benign ruler of the world – only few are infected, rarely the twelfth; often, as I myself have observed, only one out of twenty or thirty persons bitten. The others, even if ever so badly mangled by the mad dog, usually all recover, even if they are not treated by a physician or surgeon.) But with whomsoever the poison acts, it has taken effect in the moment when the person was bitten, and the poison has then communicated itself to the nearest nerves and, therefore, without contradiction, to the whole system of the nerves, and as soon as the malady has been developed in the whole organism (for this development and completion of the disease nature requires at least several days, often many weeks), the madness breaks out as an acute, quickly fatal disease. ....” [THE CHRONIC DISEASES, BY DR SAMUEL HAHNEMANN, page – 75, B jain publishers]**

THE disease that results from the bite of rabid animals, most frequently of mad dogs, is of such an **extraordinary and terrible character**, that we are struck with **horror on beholding** patient affected by it, and **the mere description of his sufferings causes us to shudder**----- the most fearful symptoms, hurried off in few days to an untimely end.

----- **THE BITE OF MAD DOGS. The friend of health, part-I. The Lesser writings of Samuel Hahnemann, PAGE -155**

**§ 81** The fact that this extremely ancient infecting agent has gradually passed, in some hundreds of generations, through many millions of human organisms and has thus attained an incredible development, renders it in some measure conceivable how it can now display such innumerable morbid forms in the great family of mankind, particularly when we consider what a number of circumstances contribute to the production of these great varieties of chronic diseases (secondary symptoms of psora), besides the indescribable diversity of men in respect of their congenital corporeal constitutions, so that it is no wonder if such a variety of injurious agencies, acting from within and from without and sometimes continually, on such a variety of organisms permeated with psoric miasm, should produce an innumerable variety of defects, injuries, derangements, and sufferings, which have hitherto been treated of in the old pathological works, under a number of special names, as diseases of an independent character.

Where there is family history or / and past history of any bite or family history and / or past history of Tuberculosis create obstacles to cure. For the treatment of any problem (results of disease) even during the treatment of the patient suffering from COVID – 19 without removing obstacles expected result is impossible. For removing these obstacles **Hydrophobinum - CM** should be administered. The prescription is being changed by the

physician one after another considering symptoms of the individual without having proper knowledge regarding obstacles to cure. And the poor patient follows the instructions given by the physician year after year.

Covid -19 is a highly infectious and acute emergency and horror condition in 5% of patients just like terrible condition of hydrophobia patient. So treating a patient of COVID – 19 specially in critical condition (5% of the total infected patient of covid – 19 with co-morbidity), Respiratory failure, septic shock, and/or multiple organ dysfunction (MOD) or failure (MOF) there is no scope of changing medicine time and again.

**In this regard one important information is: this *Hydrophobinum - CM* should be used as curative as well as preventive also.**

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**THANK YOU**



